



First Name _____
 Last Name _____
 OHIP # _____ Sex _____
 Phone _____ D.O.B. ____ / ____ / ____

Date ____ / ____ / ____ Time _____
Special Request _____

Signature _____

Name _____
Billing # _____
Phone _____ Fax _____
Email _____

Patient Preparation and Instructions

GENERAL X-RAY

No preparation is required.

MAMMOGRAPHY

Do not use powder/deodorant or lotion/cream in the breast area of the armpits on the day of the exam. PLEASE BRING ANY PREVIOUS BREAST IMAGING FILMS/CD AND REPORTS WITH YOU.

BONE MINERAL DENSITY (BMD) SCAN

No CT with contrast or Nuclear Medicine studies for 2 weeks before appointment. Do not take any calcium supplement on the day of the exam. Wear loose comfortable clothing free of belts, clips or any metal.

ULTRASOUND

Abdomen: Nothing to eat at least 8 hours prior to your appointment. Do not stop medications.

Abdomen & Pelvis: Full bladder is needed. Nothing to eat 8 hours prior to your appointment.

Drink 4 full glasses/1 Litre of water 1 hour prior to your appointment. DO NOT VOID.

Pelvis/Obstetrical: Full bladder is needed. Drink 4 full glasses/1 Litre of water or any clear fluid 1 hour prior to your appointment. DO NOT VOID.

Small Parts (Thyroid/Testes), MSK: No preparation required.

Breast: No preparation required.

GENERAL NUCLEAR IMAGING

Biliary Scintigraphy: Nothing to eat or drink 8 hours prior to the test.

Renal Scintigraphy: Drink 2 large glasses of water (about 500ml or 20oz) 30 to 60 minutes prior to the test. Do not void.

Renal Scan with Lasix: Please inform of an allergy to sulphur medications.

Gastric Emptying/ Gastroesophageal Reflux: Nothing to eat or drink after midnight. No Barium or endoscopic studies in the past week. Please inform of allergy to egg whites prior to the procedure.

Thyroid uptake:

Note for the patients: Please confirm with your doctor about whether or not to discontinue any thyroid medication.

Note for the doctors: The patient should discontinue any medication that affects thyroid function prior to the test:

- No Thyroid hormones/medications for at least 3 weeks
- No Propylthiuracil and Tapazole for 7 days prior to the test

Brain SPECT: No caffeine and no alcohol intake 24 hours before the test and no smoking after midnight.

Cardiac Nuclear:

- A light breakfast is advisable.
- No caffeine 12 hours prior to the exam.
- Dipyridamole or any other beta-blocker should be withheld for 48 hours before the test.
- No erectile dysfunction medications 72 hours prior to your exam.
- Please wear a comfortable pair of pants or shorts, a short sleeve shirt (buttons in front), and appropriate footwear to be worn on a treadmill.

PLEASE BRING YOUR LIST OF CURRENT MEDICATIONS



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